

## **FREQUENTLY ASKED PROGRAM QUESTIONS**

**1. What criteria are taken into consideration when placing juniors in the correct group?**

Answer: We place juniors in groups by age and tennis skills. If you are a junior coming in for the first time, our program director will provide a 10 minute evaluation in order to best place your junior into one of our programs.

**2. Who decides when kids are ready to move to another class?**

Answer: Our committee of coaches gets together before, during and after the session to discuss who is ready to move. The committee consists of all the coaches participating in the programs.

**3. How long should a junior stay in the same group?**

Answer: Our movement of juniors is placed on technical, physical, and mental progressions. Each junior is unique. There is no exact length of time a junior moves from one class to another. Private lessons are a great way to speed up the movement process while getting specific individual attention.

**4. How often should my junior practice?**

Answer: The amount of time one should practice depends on age, skill, and individual goals.

**5. What are the policies of the Barnes Tennis Center when it is raining?**

Answer: On days when it is raining, contact the front desk for an update. Normally when it is raining all day we elect to cancel class. If it is raining off and on we will hold class in our banquet room using indoor tennis balls and exercises. We also take advantage of our sports science room to analyze video tennis play.

**6. Are there make up days for rain days?**

Answer: Yes! Please see program director.

**7. Do you Pro-rate classes?**

Answer: We do not pro rate classes. Please contact the program director for special circumstances.

**8. What happens if my junior gets injured while on the Barnes Tennis Center Premises?**

Answer: Our first aid policy is that we can only give out Band-Aids and bags of ice for injuries. There will be a pro that takes care of the junior by being by their side until family or friends arrive. If there is a serious injury, the parents will be contacted immediately based on the contact information provided on the registration sheets and the junior will be taken to the hospital.

**9. If we sign our junior up for 2 times per week, can they attend any of the days that offer their level?**

Answer: Unfortunately once a junior signs up for a particular class or classes, these will be the classes they must attend. This is due to the fact that we have a set amount of coaches for each class based on the number of juniors attending. If more kids join the class unexpectedly, then our ratio of juniors to coaches will be affected.

**10. What is your policy for sick days, doctor's visits or any day missed?**

Answer: We do not offer credits or refunds for these days. Please try and schedule doctor's visits around classes.

**11. Do you take holidays off?**

Answer: We will not be holding programs on Thanksgiving Day. We will also not be holding programs the last two weeks of December for holidays. Please look on our website for exact days off.

**12. What should my junior wear to tennis?**

Answer: Comfortable clothes including shorts/skirts, tennis warm-ups, T-shirt/sweatshirt and non marking tennis shoes. Please no jeans.

**13. When should I purchase a new racket?**

Answer: Rackets are a key ingredient to tennis. There are 5 lengths of rackets that are key to your junior's progress, 21, 23, 25, 26 and 27 inches. Check with one of our pros to get advice for your junior as each length pertains to a different level and age of a player.

**14. How do I get involved with Team Tennis Leagues?**

Answer: When your junior is ready to compete by being comfortable in serving and keeping the ball in play there is a league called USA Team Tennis. The league consists of teams formed at each club or center located in San Diego. There are generally 6-8 juniors on each co-ed team. Play is singles and doubles with coaching allowed. Currently we have 4 teams playing for the Barnes Tennis Center consisting of 14 and under and 12 and under.

**15. When are juniors ready to start tennis tournaments?**

Answer: We suggest not before High Performance 2 and to consult with a coach first. Generally our Barnes Cups are a great place to start as they are tailored for the beginner player. The Barnes Cups are round robin thus providing 2 to 3 hours of play against a group of players all with similar skills.

**16. Do you offer private lessons for my junior to get individual coaching?**

Answer: All our teaching professionals offer private lessons including but not limited to education on all biomechanics of each shot, strategy, tournament coaching and more. Look for a teaching pro that your junior bonds with in the programs. One can then inquire times, days and price of lessons with them.

**17. How can private lessons benefit my junior?**

Answer: Juniors will always progress more with individual attention. You can elect to take individual or semi-private lessons.

**18. What is the difference between the High Performance and Rising Star classes?**

Answer: Our Rising Star classes are intended to better prepare a beginner player for our High Performance classes and enjoyment of the game by working on the junior's technique, fitness and level of confidence. The High Performance classes are intended for the junior who is ready to make the commitment to tournament competition with the appropriate technique in place.

**19. If I have questions regarding programs who should I contact?**

Answer: The best thing to do is check with the pro who is working with your junior, as they might be able to answer your question since they are most knowledgeable about your junior's progress. Otherwise for High Performance classes please refer to Luda Makarova. For all other classes please refer to Conan Lorenzo.

**20. Is there a membership to the Barnes Tennis Center?**

Answer: No. the Barnes Tennis Center is operated by Youth Tennis San Diego a non-profit (501) (c) (3) organization.

Youth Tennis San Diego  
Programs Informational Meeting  
November 9<sup>th</sup> 2006  
5:00 p.m.

Welcome

Introduction of Pros

1. Barnes Tennis Center and AST
2. Programs and what classes each pro teaches
  - Pictures of Pros
3. Players moving from class to class
  - What is the progression
4. Open floor for questions